

AT THE HOP

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MUSIC: "At The Hop" by Danny & The Juniors 2:37 download Amazon.com
RHYTHM: TS/SS RAL PHASE 3 + 2 [pretzel turn, side breaks]
FOOTWORK: Opposite unless indicated SPEED: slowed 10% adjust for comfort
SEQUENCE: INTRO A B A B C A A B END RELEASED: 5/2014

INTRO

- 1-8 WAIT;; SLOW SIDE BRKS X 2;; SLOW TWIST VINE 8;; Q SIDE BRK & HOLD; WLK 2 TOG;
1-2 Fcg ptr WALL no hnds jnd lead ft free wait;;
3-4 Sd L, sd R, cl L, cl R; sd L, sd R, cl L, cl R;
5 Sd & bk L, XRIB of L, sd & fwd L, XRIF of L (W sd & fwd R, XLIF of R, sd & bk R, XLIB of R);
6 REPEAT MEAS 5 INTRO;;
7-8 Q sd L & sd R & hold,-, -,; fwd L,-, fwd R blending to CP,-;

PART A

- 1-8 SD TCH SD; RK TO PRETZEL—DBLE RK—UNWRAP—DBLE RK;;; CHNG R TO L & L TO R;;;
1 [SD TCH SD] CP WALL sd L, tch R to L, sd R,-;
2-8 [PRETZEL—DBL RK] Rk bk L to SCP LOD, rec R to CP WALL, sd & fwd L trng RF keep lead hnds jnd,-; cont RF trn sd R to sd by sd pos with lead hnds jnd beh bk & trailing hnds extended fwd,-, rk fwd L, rec R; rk fwd L, rec R,[UNWRAP PRETZEL—DBLE RK] comm LF trn (W RF) sd L,-; cont LF trn sd R,-, rk bk L in SCP, rec R; rk bk L in SCP, rec R, [CHNG R TO L] fwd & sd L trng 1/4 LF leading W to trn undr jnd lead hnds,-; cl R to fc LOD,-, (W bk R to SCP, rec L, fwd R comm 3/4 RF trn undr jnd lead hnds,-; sd & bk L to fc ptr RLOD,-) [CHNG L TO R] rk apt L, rec R; fwd & sd L trng 1/4 RF leading W to trn undr jnd lead hnds,-, cl R to fc ptr WALL,-(W rk apt R, rec L; fwd R comm 3/4 LF trn undr jnd lead hnds,-, sd & bk L to fc ptr COH,-);
9-12 CHNG HNDS BHD BK TWICE;;; PROG RK;
9-11 [CHNG HNDS BHD BK TWICE] rk bk L, rec R, fwd L trn LF,-(W rk bk R, rec L, fwd R trng RF,-) bk R trng LF,-. Rk bk L, rec R (W sd & bk L trng RF,-, rk bk R, rec L); fwd L trng LF,-, sd & bk R trng LF,-(W fwd R trng RF,-, sd & bk L trng RF,-) to fc ptr WALL;
12 [PROG RK] join both hnds rk apt L, XRIF rec, rk apt L, XRIF rec;

PART B

1-4 VINE 3; WRAP 3; UNWRAP; CHNG SDS;

- 1 In BFLY WALL sd L, XRIB or L, sd L, tch R to L;
- 2 In BFLY sd R, XLIF of R leading W to trn LF to wrapped pos, sd R, tch L to R (W sd L trng 1/4 LF, cl R cont LF trn, sd L to end in wrapped pos, tch R to L);
- 3 Sd L release lead hnds & lead W to trn RF to unwrap, cl R, sd L, tch R to L (W sd R trng 1/4 RF, cl L cont RF trn, sd R, tch L to R);
- 4 Fwd R trng 1/4 RF raising jnd trail hnds to lead W to trn LF undr jnd hnds, moving bhd ptr cl L, fwd R trng 1/4 RF to fc ptr COH, tch L to R (W fwd L trng 1/4 LF undr trail hnds crossing in frnt of M, cl R, fwd L trng 1/4 LF to fc ptr WALL, tch R to L);

5-8 AWAY KICK FC TCH TWICE;; CIRCLE STRUT AWAY & TOG WITH SNAPS;;

- 5 [AWAY KICK FC TCH] In plc L, kick R twd LOD trng sl LF, cl R trng to fc ptr, tch L,-;
- 6 REPEAT MEAS 5 PART B;
- 7-8 [CIRCLE STRUT WITH SNAPS] release hnds and trn away from ptr fwd L CCW (W CW), snap fingers, fwd R cont CCW, snap fingers; trng back twd ptr fwd L, snap fingers, fwd R, jn both hnds;

9-12 VINE 3; WRAP 3; UNWRAP; CHNG SDS;

9-12 REPEAT MEAS 1-4 PART B strt facing COH and end fcg WALL;;;

REPEAT PART A

REPEAT PART B

PART C

1-6 SD TCH SD; RT TRNG FALLAWAY—CHNG R TO L;;; CHNG L TO R—CHNG HNDS BHD BK;;;

- 1 [SD TCH SD] REPEAT MEAS 1 PART A;
- 2-4 [R TRNG FALLAWAY] rk bk L, rec R to fc ptr, sd L trng RF 1/4,-; sd R trng 1/4 RF,-, [CHNG R TO L] rk bk L, rec R; fwd & sd L trng 1/4 LF leading W to trn undr jnd lead hnds,-, cl R to fc RLOD,-,(W bk R to SCP, rec L; fwd R comm 3/4 RF trn undr jnd lead hnds,-, sd & bk L to fc ptr LOD,-);
- 5-7 [CHNG L TO R] rk apt L, rec R, fwd & sd L trng 1/4 RF leading W to trn undr jnd Lead hnds,-; cl R to fc ptr WALL,- ,(W rk apt R, rec L, fwd R comm 3/4 LF trn undr jnd lead hnds,-; sd & bk L to fc ptr WALL,-) [CHNG HNDS BHD BK] rk bk L, rec R; fwd L trng LF,-, bk R trng LF,-;

8-12 RT TRNG FALLAWAY—CHNG R TO L;;; CHNG R TO L & PNT;;;

8-10 REPEAT MEAS 2-4 PART C;;;

- 10-12 [CHNG R TO L] rk apt L, rec R, fwd & sd L trng 1/4 RF leading W to trn undr jnd lead hnds,-; cl R to fc WALL,-, (W rk apt R, rec L, fwd R comm 3/4 RF trn under jnd lead hnds,-; sd & bk L to fc ptr COH,-) pnt L sd,-;

REPEAT PART A

REPEAT PART A

REPEAT PART B

END

1-5 SLOW SD BREAKS TWICE;; SLOW TWIST VINE 8;; Q SD BREAK & HOLD;

1-5 REPEAT MEAS 3-7 INTRO;;;;;;

QUICK CUES

INTRO

WAIT;; SLOW SD BRKS TWICE;; TWIST VINE 8;; SD BRK HOLD;
WLK 2 TO CP;

PART A

SD TCH SD; RK TO PRETZEL—DBLE RK—UNWRAP—DBL RK;;;
CHNG R/L—CHNG L/R;;; CHNG HNDS BHD BK TWICE;;; PROG RK;

PART B

VINE 3; WRAP 3; UNWRAP; CHNG SDS;
AWAY KICK FC TCH TWICE;; CIRCLE STRUT 4 WITH SNAPS;;
VINE 3; WRAP 3; UNWRAP; CHNG SDS;

PART A

SD TCH SD; RK TO PRETZEL—DBL RK—UNWRAP—DBL RK;;;
CHNG R TO L—L TO R;;; CHNG HNDS BHD BK TWICE;;; PROG RK;

PART B

VINE 3; WRAP 3; UNWRAP; CHNG SDS;
AWAY KICK FC TCH TWICE;; CIRCLE STRUT 4 WITH SNAPS;;
VINE 3; WRAP 3; UNWRAP; CHNG SDS;

PART C

SD TCH SD; R TRNG FALLAWAY—CHNG R /L RLOD;;;
CHNG L /R—CHNG HNDS BEH BK;;;
R TRNG FALLAWAY—CHNG R/L RLOD;;; CHNG R/L TO WALL & PNT;;

PART A

SD TCH SD; RK TO PRETZEL—DBLE RK—UNWRAP—DBLE RK;;;
CHNG R/L—CHNG L/R;;; CHNG HNDS BHD BK TWICE;;; PROG RK;

PART A

SD TCH SD; RK TO PRETZEL—DBLE RK—UNWRAP—DBLE RK;;;
CHNG R/L—CHNG L/R;;; CHNG HNDS BHD BK TWICE;;; PROG RK;

PART B

VINE 3; WRAP 3; UNWRAP; CHNG SDS;
AWAY KICK FC TCH TWICE;; CIRCLE STRUT 4 WITH SNAPS;;
VINE 3; WRAP 3; UNWRAP; CHNG SDS;

END

SLOW SD BKS TWICE;; TWIST VINE 8;; SD BRK & HOLD;